



TFU CHARTER for HEALTH PERSONNEL

As Health Personnel (Doctor, Nurse or other):

1. I am conscious of the harmful effects of tobacco

- to each smoker / tobacco user
- to each person who lives with a smoker
- to society

2. I know that exposure to environmental tobacco smoke also called “second hand smoke” and “passive smoking” is a widespread source of morbidity and mortality that imposes a significant cost on society.

3. I am conscious that tobacco is a drug that causes psychological and pharmacological dependence

4. I am ready to motivate tobacco user to quit

5. I am willing to discourage tobacco use of any kind:

- by presenting myself as a good role model by not smoking or using tobacco
- by promoting the designation and maintenance of healthcare service as tobacco free
- by developing skills to clarify tobacco addiction and motivate tobacco users and relatives to quit
- by promoting tobacco cessation in my social life

6. I realise that I have a great responsibility, not only towards patients but also to colleagues and to the general public and, in particular, towards the young generations

I incite managers to approve and take appropriate preventive measures

We –as Health Personnel (Doctors, Nurses and other) - join our efforts and strength to reduce Tobacco consumption in the knowledge that it is the single most important voluntary risk factor and the cause of many early deaths in our communities.

Name & Surname.....

ProfessionHospital/Service.....

City.....Country.....

Date ___/___/_____ Signature.....

I give permission to publish my name in the Charter Register on paper & web (please tick):

This Charter is based on the TFU Pact on Tobacco for Hospitals and Health Services and can be found online <http://www.ensh.eu/ensh/racine/default.asp?id=980>